

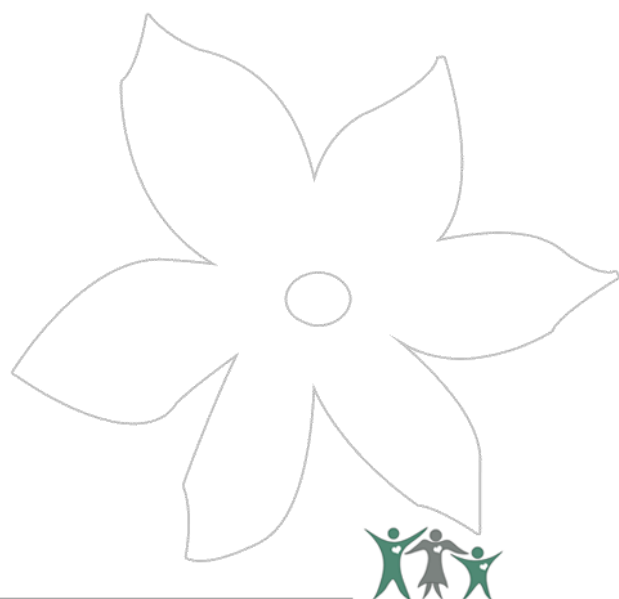
C.A.R.D.O.:::

Civic association

Občianske združenie

Annual Report /

Výročná správa 2008



C.A.R.D.O.:::

Výročná správa 2008

WHO WE ARE

OUR MISSION

C.A.R.D.O. is an independent non-governmental organization established in 2004 as an umbrella organization focused on gaining and spreading information and know-how of European countries in the area of volunteering, education, management and funding of public and non-profit institutions. Since its establishment, C.A.R.D.O. was active especially in three areas: development of volunteering, environmental issues and hospice movement in Slovakia. Since 2006, C.A.R.D.O. started to profile as a National voluntary centre. Its mission is to develop volunteering in Slovakia, specifically it:

- *Provides service and information for volunteers and voluntary organizations,*
- *Promotes volunteering in public,*
- *Strives to involve as many people into volunteering as possible,*
- *Supports networking of voluntary organizations, implements seminars and conferences, researches in the area of volunteering and all activities for the benefit of volunteering in Slovakia.*



C.A.R.D.O. REPRESENTATIVES

President of the Organization

Mgr. ThLic. Bernard Mišovič

Executive Director

Bc. Zuzana Vinklerová

email: z.vinklerová@cardo-eu.net

Executive Committee

Bc. Zuzana Vinklerová
Ing. Marcela Pokryvková
Ing. Pavol Lukšic

Executive Director
Member of the Executive Committee
Member of the Executive Committee

Supervisory Board

Ing. Ján Oparty
JUDr. Eva Borovská
Ing. Jana Dobrocká

Chairman of the Supervisory Board
Member of the Supervisory Board
Member of the Supervisory Board

Other Members:

Miroslava Medved'ová
Mgr. Alžbeta Mračková
Mgr. Tibor Bujdák
Mgr. Ľubomír Fabčín

Employees and Co-workers

Mgr. Alžbeta Mračková

Project Manager – area of volunteering,
Bratislava, email: bratislava@cardo-eu.net

Mgr. Jana Vlašičová

project assistant – area of volunteering,
Bratislava, email: tim@dobrovolnictvo.sk

Miroslava Medved'ová

project consultant – EÚ projects,
Banská Bystrica, email:
banska.bystrica@cardo-eu.net

RNDr. Mgr. Dominik Roman Letz, PhD.

Coordinator for the CEFE project

email: contact@cefe.ch

Ing. Martin Ceľuch

Mgr. Matúš Dobeš

Ing. Daniel Lešínský, PhD.

Beatrice van Saan-Klein

CEFE Project, email: contact2@CEFE.ch

CEFE Project, email: contact3@CEFE.ch

CEFE Project, email: contact1@CEFE.ch

CEFE Project, email: contact4@CEFE.ch

C.A.R.D.O. and Volunteering

In 2006, the area of volunteerism became dominant for our association. During the work on the ELLA project we started to implement in 2005, many issues, gaps, but also opportunities opened in front of us and we decided to take them as a challenge. In 2008 we worked on spreading the ELLA Project into Bratislava senior homes, we implemented main part of the **Think Future – Volunteer Together Project** focused on international exchanges of senior volunteers, we succeeded in starting a tradition of awarding volunteers under the award called Bratislava Volunteers of the Year and we were also focusing on networking voluntary organizations and these awards were primarily aimed at implementation of steps leading toward preparation of a legal framework for volunteering in Slovakia.

Talking about international activities, besides already mentioned international exchanges of senior volunteers we have actively participated on both General Assemblies organized in 2008 by the European Voluntary Center (CEV) and we also actively participated in lobbying at European Parliament level with the goal to get the support of members of European Parliament for announcing the year 2011 for the European Year of Volunteering. These efforts were successful and we hope Slovakia will be also actively involved into the implementation of the European Year of Volunteering.

Volunteers in the Process of Life-Long

Learning of Seniors



Ehrenamtliche für lebenslanges Lernen im Alter

We have started to implement the ELLA Project in October 2005 and it was successfully finished in September 2008. Project was a part of **Sokrates Grundtvig 1 Programme**, in which six organizations from EU member states – Germany, Belgium, Austria, Spain, Switzerland, and Slovakia - were cooperating.

On September 18 and 19, 2008, there was a final meeting of ELLA Project partners in Brussels, where the manual for the project which summarizes three year experience of partners and implementation of project in individual countries and also recommendations for those interested in spreading the project into new facilities. Manual is available in English, German and Slovak versions. In a case of interest, please, contact C.A.R.D.O. Despite the fact that the ELLA project was officially finished in September 2008, we still use the concept of coordination of volunteers in two senior homes in Slovakia and also try to spread it into other senior homes or implement new volunteer recruitment in senior homes which are already using this concept.

The main mission of this project is emotional and social support of old and dying people through volunteers. Volunteers are trying to bring them back into the life of society through accompanying them and also through various mental, rhythmic and ergo therapeutic techniques.

The work of volunteers with seniors and dying people is emotionally and mentally very demanding. It requires accurate emotional involvement, good mental health of a volunteer, and a complex theoretic preparation before a volunteer starts to do this kind of voluntary work. That is why volunteers need to go through special preparation training and during their voluntary work they are under supervision. All volunteers involved into the project have to go through four training

modules (topics such as Ageing and society – psychological and social characteristic of old age, ageing process, communication, spiritual needs of seniors, education of seniors are included).

The training is always implemented during one weekend - its timing is agreed in advance with everyone involved and is obligatory for all volunteers.

For the implementation of this training, we cooperate with four lecturers who are focused on work with seniors, sick and dying people. Besides this training, we also provide our volunteers with regular group sessions under the supervision of a psychologist. These sessions happen once a month and volunteers can share and discuss their experience from volunteering and accompanying seniors together.

Volunteers can share their views on how to handle difficult situations and support each other in volunteering. Besides individual visits to clients, we also organize music and dancing events for seniors living in senior homes, and also trips and dinners for volunteers which we use as a way to say „thank you“ to volunteers. These events for volunteers are organized but also visited by project coordinator from C.A.R.D.O. and coordinator of volunteers from the senior home.

In 2007, through ELLA Project, we succeeded to implement in Slovakia the first well managed voluntary project in Senior Home HESTIA.



Volunteer Supervision in the Home of the Third Age



Volunteer with Clients in Their Room (Hestia)

In HESTIA we implemented the second recruitment of volunteers in 2008, which means that currently, there are 7 active volunteers visiting clients in this senior home, while two of them are active since the first recruitment in 2007 (volunteers sign with the senior home a volunteer agreement in which they commit to volunteer for that particular senior home for the minimum of one year). Besides the Senior Home HESTIA, we were in 2008 – thanks to the support of Tatra Banka Foundation and SPP Foundation – able to start to implement this project also in the Home of the Third Age, where we trained five volunteers and currently there are three volunteers still active there.

As the ELLA Project is very successful, we plan to spread it into other senior homes in Slovakia during the year 2009.

The success of the ELLA Project was confirmed also by the fact that three volunteers who help the Senior Home HESTIA for a longer time - **Alžbeta Grmanová, Jarmila Žaškovská and Jana Bulková**, were nominated for the award „Bratislava Volunteers of the Year 2008“.

Volunteers were nominated for „regular visits of clients living in the Senior Home HESTIA, for whom they became irreplaceable company and to whom they bring connection with the outer world.“.



The C.A.R.D.O. Executive Director - Zuzana Vinklerová congratulates volunteers from HESTIA during the award ceremony of „Bratislava Volunteers of the Year 2008“

The ELLA Project came to existence thanks to the funding of the European Union and continues thanks to the funding of Slovak donors – this project was in 2008 supported by the Tatra Banka Foundation through its employees programme called „Good Heart“ and also SPP Foundation through the „Reliance“ Programme for which we are very thankful.

gefördert von:



EUROPÄISCHE UNION



Sokrates



Bildung und Kultur

C.A.R.D.O. . . .

Let's Stay Active, Become Volunteers Think Future. Volunteer Together

Basic aim of the project we started to work on in December 2007, is to involve people over 55 into active participation in the life of society through voluntary activity. It is an international project funded by European Union (ENE), in which we cooperate with organizations from four countries: Italy, Slovenia, Romania, and Hungary.

Partners of the project in Slovakia:

- Fórum pre pomoc starším, Prievidza
- Slovenský Červený Kríž (územný spolok Levice, Senica a Bratislava)
- Centrum Memory, Bratislava
- Domov dôchodcov Hestia, Bratislava
- SOS Birdlife
- Klub strieborných hláv, Bratislava
- regiony.sk, redakcia senior.sk. Bratislava
- Slovenský výbor pre Unicef, Bratislava
- Dobrovoľnícka skupina Vřba, Bratislava
- OZ Jablonka, Jabloňové
- Lesoochranárske združenie Vlk, Bratislava
- Úsmev ako dar, Bratislava
- Krízové centrum Dúha, Bratislava
- Hospic Milosrdných sestier, Trenčín
- Greenpeace Slovensko, Bratislava



ZOSTAŇME AKTÍVNI,
STAŇME SA DOBROVOĽNÍKMI
THINK FUTURE. VOLUNTEER TOGETHER



Project includes implementation of following activities:

1. Two-week international exchange program for people over 50 (volunteers) who visit organizations involved into project in other countries and can see there how senior volunteers are active abroad,
2. Promotion activities in Slovakia – through campaign focused on active participation of seniors in society,
3. Analysis of results and suggestions for programs and activities which would increase engagement of older people into volunteering.

During May, September and October 2008, we implemented four exchanges. Four selected Slovak volunteers visited and volunteered in several Hungarian organizations and brought to Slovakia great inspirations and examples they would like to develop also in Slovakia. They were active in organizations such as: Foundation of voluntary and nursery service in hospitals, Foundation of a Blue Children Crisis Line, Cultural and Youth Association Németh László, Hungarian Red Cross, "Afternoon" Foundation of a Senior Advisory Line... In September 2008, four Slovak volunteers visited during two weeks organizations in Slovenia, especially in Ljubljana and in October, ten Slovak volunteers left for volunteering exchange to Italy. Our Slovak partner organizations were in the meantime visited by three volunteers from Rome and four volunteers from Hungary.



Slovak Volunteers in a Hospital in Budapest

During November 12 – 14, 2008 in Bratislava, the meeting of project partners of this project was held. In addition to the exchange of experience and discussions focused on formal and the financial administration of the project, at the end of this meeting there was also a meeting with volunteers from Slovakia who participated at the exchanges in Hungary, Slovenia and Italy. Senior volunteers presented not only their obtained skills but also voluntary activities inspired by this experience, they have already succeeded to prepare

in Slovakia after their return. This meeting was held in a very friendly atmosphere and foreign partners appreciated very much that they could see the direct impact of international exchanges on engagement of seniors into voluntary activities. Representatives of media were also invited into this meeting.



Hungarian Volunteers in the Slovak Committee for UNICEF

Project is supported by the European Community Programme for Employment and Social Solidarity (2007-2013).

VALUE

Volunteering and Lifelong Learning in Universities in Europe

(2008-2011)



Vzdelávanie a kultúra

Program celoživotného vzdelávania

In 2008 we in cooperation with other 19 organizations from 13 European countries created a network of organizations active in the field of cooperation among universities and voluntary organizations. The basic goal of the VALUE network is an interconnection between university and voluntary sector and creation of a space for development of new possibilities for life-long learning at universities. VALUE is also the „bank“ of various reports, case studies and bibliography on cooperation between these two sectors.

All these resources will be made available during 2008-2011 at the web page: www.valuenetwork.org.uk.



Cooperation with the international partners of the project started in October 2008 at the first meeting in Manchester, Great Britain. In May 2011, the final project conference will be held in Ankara, Turkey which will be open for everyone interested in the topic. The final conference will be focused on a presentation of VALUE report and at the same time it will also open the floor for a further cooperation.

National Virtual Voluntary Center

www.dobrovolnictvo.sk

Also in 2008, the area of volunteering development remained our priority and we continued in the administration of the virtual voluntary centre www.dobrovolnictvo.sk. This internet portal was made public in May 2007 thanks to the financial support of the Slovak Ministry of Education and since then we regularly update its content.



This web site serves as an information and service portal of volunteering in Slovakia and abroad and publishes information related to volunteering on local, national and international level. At the end of 2008, there were 147 organizations registered at this web site and there were 45 offers from organizations and 27 offers from potential volunteers published there. Once a month we send an e-mail with all important news published there to all registered organizations and ask them for active cooperation with us. Our next goal is to prepare in the future a simpler English version of this portal which would serve for all potential people interested in the topic of volunteering from abroad.

In the summer of 2008, we implemented a small feed-back survey among organizations registered at www.dobrovolnictvo.sk. Questionnaire containing questions focused on quality of the portal but also on the communication with the team responsible for administration of the web site, and on usefulness of the portal in the way how it joins volunteers with organizations was distributed to 124 organizations registered at that time at the web site. Forty organizations (32%) filled the questionnaire in and sent it back what we consider a success considering the fact that it was done during the time of summer holidays and also considering successfulness of this kind of surveys.

Talking about the results of this survey, it can be stated that organizations are satisfied with the existence of the portal and those which publish their offers for volunteers are also able to get some volunteers through this web site. However, the issue that many organizations do not find out how a volunteer get in touch with them, where he/she got the contact information etc. is still existing. Because of that we are losing an opportunity to get data on how many volunteers started to be active thanks to the portal www.dobrovolnictvo.sk. If we count all volunteers who are actively cooperating and who found an organization thanks to our website, it is a number of 35 volunteers (this cumulative number was stated by 14 organizations as not all respondents make a statistic of their volunteers and not all of them answered that question in the questionnaire). In general, we can say that organizations are satisfied with the administration of the portal (44% are very positive and 50% are positive about the existence of the portal), but in the area of regular visits to the portal, organizations state they do not have enough time for it (the most of the respondents - 39% - stated they visited the web site once a month). We also asked respondents for their suggestions toward improvements of the portal and there were only five concrete comments to this issue. Suggestions were regarding improvements of offers of volunteers, better promotion, differentiation between organizations which look for volunteers from public and those which use their members as volunteers, and also regarding making the web site available also for visually impaired people. 52% of respondent stated they would not change a thing on the web site. More detailed results of the survey are available at the C.A.R.D.O. office.

We will continue in such surveys also in the future.

Cooperation on Preparation of a Legal Framework for Volunteering in Slovakia

International Seminar on Volunteering:

The Open Society Foundation, C.A.R.D.O. and the First Slovak Non-Profit Service Centre organized on January 24, 2008 in the Palfy's Palace in Bratislava a seminar on legislative framework for volunteering with the participation of experts from nine countries of Eastern and Central Europe. Representatives of Slovak voluntary organizations were invited as well.

The goal of the seminar was to discuss preparation, practical experience, difficulties and successes of the application of legal framework for volunteering in following countries: Czech Republic, Poland, Hungary, Bulgaria, Macedonia, Croatia, Romania, Latvia and Lithuania. Participants were also informed about challenges and problems voluntary organizations have to face in countries without a legal framework for volunteering. During the afternoon workshops, participants were also discussing advantages and risks of law on volunteering and issues resulting from relationships organization – volunteers and recipients. Even though final outcomes of the seminar did not contain answer to a question whether or not the voluntary organizations in Slovakia will have or not a legal framework for their activities, this seminar was one of the first initiatives promising further common steps of organizers in this area. Presentations and outcomes of this workshop can be found at:

http://www.partnerstva.sk/buxus/generate_page.php?page_id=820

Since February 2008 we started to cooperate with the Open Society Foundation and the First Slovak Service Non-profit Center on opening the discussion on the legal framework for volunteering in Slovakia. We started by calling the meeting of voluntary organizations and legal experts in March 2008.

The first meeting of voluntary organizations with legal experts was followed by **discussion meetings to legal framework for volunteering** with voluntary organizations, which were co-organized by Partners for Democratic Change, Slovakia and the First Slovak Non-Profit Service Center and us. These meetings were held on June 17, 2008 in Košice, June 18, 2008 in Banská Bystrica and June 24, 2008 in Bratislava. Main topics discussed were related to specific situations in which voluntary organizations encountered some problems while working with volunteers and in which it is clear that the current legal framework is not suitable. Also areas of functioning of voluntary organizations which would be improved thanks to appropriate legal framework were defined.

Basic Summary of Discussed Issues:

Possible legal framework for volunteering should create rather more general framework and conditions for development of volunteering than have an ambition to strictly define voluntary activity and cover all areas it is possible to implement voluntary activities in. The goal is not only to provide volunteering a space for promotion and appreciation from the side of a society, but mainly not to restrict all forms of volunteering which are of very many kinds.

In September 2008, the First Slovak Non-Profit Service Center (1.SNSC) introduced the first draft definition of volunteering for a discussion. This is only the first draft which should be – in the cooperation with voluntary organization – further adjust and specify it.

Within the project, 1.SNSC plans to solve also other problematic areas such as insurance of volunteers, volunteer agreement, etc. Information about current development of this project can be found at www.1snsc.sk in the section „Volunteering“. C.A.R.D.O. is actively participating at the process of commenting and discussing all related issues.

Project of creation legal framework is financially supported by the Open Society Foundation.



C.A.R.D.O. at the Market of NGOs



In 2008, C.A.R.D.O. participated at two Markets of NGOs which were regularly organized by the Pontis Foundation. The first was organized in July during the famous Slovak festival called Bažant Pohoda 2008 and the second one was held in September in Bratislava at Tyršovo riverside.

At the Bažant Pohoda 2008 Festival C.A.R.D.O. had an opportunity to introduce visitors of this festival to the web site www.dobrovolnictvo.sk. We had a chance to discuss with interested passers-by the issue of opportunity to get involved into voluntary activities in Slovakia. Our stand was visited by

people of different age. Beside activities of C.A.R.D.O. we also introduced activities of other Slovak voluntary organizations (such as Children Hope Club, INEX Slovakia, Jesuit Volunteers) and also the European Voluntary Service, but basically we taught people how to find through the web site www.dobrovolnictvo.sk an activity they are interested in. Many of them were interested what volunteering is and why it is important, others were looking for specific voluntary opportunities in Slovakia and abroad. Our volunteer working in terrain was distributing stickers promoting web site and discussed various topics with other volunteers.

For the second time we participated at the NGO Market in Saturday – September 13, 2008 in Bratislava Tyršovo riverside. Several dozens of NGOs were presenting their activities to wide public in stands in this market. This event was for the third time organized by the Pontis Foundation with the goal to present work of NGOs to public, to show wide public what these organizations do, what kind of projects and activities they organize and what are their mission. Many of those who came here were positively surprised. They could find stands of 26 organizations here, but also meet Andrej Ďurkovský, the Mayor of Bratislava or the candidate for the Slovak President – Iveta Radičová, who also visited this event. Our organization presented specific opportunities for volunteer to get involved into, while the emphasize was on the C.A.R.D.O. voluntary projects and also on the virtual voluntary centre www.dobrovolnictvo.sk.



Awarding Volunteers „Bratislava Volunteers of the Year 2008“

Since 1985, the whole world is celebrating 5th December as the International Day of Volunteers. On this occasion, C.A.R.D.O. decided to organize the first year of award called „Bratislava Volunteers of the Year 2008“ and through this event draw attention of public to value of volunteering and volunteers who provide unbelievable amount of time and energy for the benefit of non-profit organizations, community, and other people in the Bratislava region.



The awarding ceremony was held under auspices of Andrej Ďurkovský - the Mayor of Bratislava, the capitol of Slovak republic on Monday, December 1, 2008 at 7 p.m. o 19:00 in the Mirror Hall of the Primate's Palace in Bratislava. This award is connected to the award „Heart on a Sleeve“ which was in the past organized on the national level and currently is implemented in Prešov region and since 2007 also in Banská Bystrica region. „We felt we miss recognition and appreciation for volunteers in Bratislava. We would like to show our admiration and respect to all people who want to make our world more beautiful“, said Alžbeta Mračková, the project manager of C.A.R.D.O. during this event.

Non-governmental non-profit organizations, public institutions and groups of citizens were those who could nominate their volunteers for this award. This chance was used by 21 NGOs. All nominations were evaluated by an independent evaluation committee consisting of: Milan Andrejkovič (1.SNSC), Lenka Il'ánovská (Donors Forum), Viera Karovičová (Town Council of Bratislava), Alena Pániková (Open Society Foundation) and Boris Strečanský (Center for philanthropy).



Atmosphere during this event was full of humanity, emotions and thankfulness. „It is my honour to be here with you today evening and to award those who devote their time and energy to those in need claimless of any reward“ , Viera Tomanová, Slovak Minister of Labour, Social Affairs and the Family started in her speech. Viera Tomanová together with Andrej Ďurkovský and Milan Andrejkovič presented awards to the Volunteers of the year.

- Ľubica Grebečiová (Dobrovoľnícka skupina Vŕba) won the award in the category [Volunteer in social and health services](#)
- Vladimír Skokňa (regióny.sk) won the award in the category [Volunteer in the area of education](#)
- Jana Horváthová (Klub detskej nádeje) won the award in the category [Volunteer working with children and youth](#)
- Milan Baluch (Spolok sv. Vincenta de Paul) won the award in the category [Volunteer in the area of administration and management](#)
- Pavol Škoda (OZ Jablonka) won the award in the category [Volunteer for the environment](#)
- Zuzana Bábovková (Domka) won the award in the category [Long-term Voluntary Help to an Organization](#)
- Jaroslav Filo (Úsmev ako dar) won the award in the category [Special Award for Voluntary Help](#)

This event was implemented thanks to the support of Slovenské elektrárne, member of Enel Group; Foundation of Slovenská sporiteľňa; Accenture; the Open Society Foundation; BZ Invest and Mr. Peter Pelegrini, Member of Parliament and also thanks to the help and support of partners – non-profit organization Voices, music group Porque Tango, Center of Volunteering in Banská Bystrica and the Town Council of Bratislava. Our thanks belong to all these donors and partners.

Corporate Volunteering with the Sodexo Company



SODEXO Company asked us for the cooperation on the project of employee volunteering in the Senior Home of Saint Francisco in Bratislava. It was a two-day project during which we trained employees of this company in the area of communication with seniors and volunteering in senior homes. Twelve employees of this company were involved into this project. The training was held on December 2, 2008 and immediately on the other day the employees had a chance to use their gained skills for volunteering with seniors. Their role was to help seniors with decorating Christmas ginger bread cookies, but also to help in kitchen with preparation of healthy salads for seniors.

Despite the first fears of meeting the clients, all volunteers were enthusiastic about very successful action. The clients appreciated their activities as SODEXO employees were involving them into their activities. In addition to that this visit also meant for the clients a presence of new people which is always very pleasant for seniors who are often lonely. During the final evaluation employees stated that the volunteering day, respectively meeting with seniors, enabled them to stop and think about values of life and to do good to other people.

We hope there will be more of similar employee projects.



Active Participation at Conferences in 2008

"Ten years of volunteering rehabilitation of civil virtues " – the 8-th year of the International Conference on Volunteering in the Czech republic, Kroměříž, May 5 – 6, 2008

Goal of the conference organized by HESTIA – National Voluntary Center in cooperation with the Club UNESCO Kroměříž in 2008, was to evaluate last ten years of rehabilitation of volunteering in the Czech republic, to present outcomes of the most successful voluntary programs and to discuss about further development of volunteering as a contribution to renewal of the civil society in the Czech republic.

Alžběta Mračková from C.A.R.D.O. and Alžběta Brozmanová Gregorová from the Center of Volunteering in Banská Bystrica presented their speech called „10 years of volunteering in Slovakia“ there as well.

European Voluntary Forum

In 2008, the Slovak Youth Council decided to organize an international conference focused on strengthening a dialogue within volunteering among young people, policy makers, and experts active in this area. Conference was also focused on making the cooperation of key players more intensive and on common defining of goals for the future.

The main goal of the conference was to create a space for expert discussion among representatives of the EU member states, respectively national policy makers, representatives of children and youth organizations and experts on the topic of specific areas of volunteering. One of the key roles was to identify a role of the state and organizations working with volunteers and to strengthen inter-sectoral dialogue. Conference was held on September 11 -13, 2008 in Bratislava and Alžbeta Mračková was actively participating there with her presentation about development of volunteering in Slovakia.

Management of Volunteers at the Conference of Foundations in December 2008

On November 25, 2008, a national conference of foundations was organized by the Donors Forum in Bratislava. Alžbeta Mračková actively participated at the afternoon part of the conference and presented there options for volunteer involvement in foundations, volunteer management as well as opportunity to learn more about prepared workshops about volunteer management which will be implemented by Donors Forum and C.A.R.D.O. in 2009

C.A.R.D.O. and Volunteering in Media

Our cooperation with media was in 2008 successful especially because several voluntary projects. Very successful was also a video spot on volunteering which was created by a non-profit organization Voices.

This short 5-minute video can be seen for example here:

<http://najednejlodi.blog.sme.sk/c/155611/Zaostale-dobrovolnictvo.html>

Thanks to our media monitoring we know that during 2008, there were published 24 articles and reports published in media. They all can be found at our web page www.cardo-eu.net and also at www.dobrovolnictvo.sk.



Membership in International Structures in 2008

EUROPEAN VOLUNTEER CENTRE
The Voice for Volunteering in Europe



CENTRE EUROPEEN DU VOLONTARIAT
Le Porte-Parole du Volontariat en Europe

Since 2006, C.A.R.D.O. is a member of CEV – European Voluntary Center.

CEV (Centrum Europeen du Volontariat) CEV (Centrum Europeen du Volontariat) with the headquarter located in Brussels is a network of 59 national, regional, and local voluntary centres and organizations developing volunteerism in Europe. CEV serves as a platform, facilitating exchange of experience and information among its members, thanks to which local voluntary organizations can enrich their valuable work with European dimension. Thanks to our cooperation with CEV, C.A.R.D.O. and other voluntary organizations in Slovakia can participate in new international projects and researches implemented in the area of volunteerism, researches of volunteerism, and get new information about opportunities of infrastructure development of volunteerism in Slovakia and in Europe.

As every year, also in 2008, there were two large General Assemblies of the European Voluntary centre organized in Ljubljana and Luxembourg. C.A.R.D.O. was participating at both of these meetings and as it became a full member in 2008 (we were only associate member before), we also had for the first time a chance to influence the direction of CEV through voting.

General Assembly of CEV in Ljubljana

How to value a smile? Or a holding hand for patients of hospice? Shall we measure the economic value of volunteering and, if yes, what are the best ways to do it? 100 participants from 24 countries, from more than 50 local, regional, national and international organisation as well as the universities, local authorities and Slovenian ministries were trying to respond on those questions during the CEV conference *'Putting Volunteering on the Economic Map of Europe'* organised in cooperation with Slovenska Filantropija, in Ljubljana, Slovenia on the 18-19th of April in the frame of the CEV General Assembly. Betka Mračková from C.A.R.D.O. represented Slovakia there.

High levels speakers of the introduction **panel session** – Lester Salomon from the Johns Hopkins University, Adriana Mata Greenwood from the International Labour Association (ILO), Edith Archambault, emeritus professor from Paris Sorbonne University, Renzo Ranzano from the Italian volunteer development agency SPES as well as Davor Dominkuš, Director General of the Social Affairs Ministry of the Slovene government ensured high quality discussions and full spectrum of views on the recognition of the economic value of volunteering.

The topic posed many questions, controversies as well as heated discussions among the CEV members and invited guests. Over the last years the Johns Hopkins University has been doing research on the contribution of the voluntary sector and volunteering to national economies and their Gross Domestic Product, estimated an average of 5% in developed countries. In addition, the ILO is currently reviewing its labour force surveys and is considering including questions on volunteer work. Prof. Lester Salomon called upon CEV Members and the volunteer movement to contact the national statistics offices to call for the inclusion of volunteering into the economic statistics of Europe - a historic opportunity that we have now in the framework if ILO's work.

Participants concluded that: Yes, it is important to measure the economic value of volunteering not least to convince decision-makers to support the development of volunteering infrastructure and initiatives in Europe. However, we should not forget the other values that volunteering contributes to – social cohesion and social capital, active participation, or simply people's happiness and smile, which, for now, stay immeasurable.



General Assembly in Luxembourg

The Autumn General Assembly of CEV was held on November 7 – 8, 2008 in Luxembourg and as 2008 was by European Union announced as the Year of Inter-Cultural Dialogue, it was focused on the topic „Volunteering and Intercultural Dialogue“.

The conference was opened by a plenary session also with the participation of people from the cabinet of Mr. Ján Fígel, European Commissioner responsible for education, training, culture and youth, but also other important representatives.

During the conference, ten workshops were held focused on topics such as: diversity and intercultural communities, senior voluntary exchanges as a way how to support intercultural dialogue, integration of refugees into society, cross-border voluntary exchanges of youth as a way how to do a conflict resolution and make peace, anti-racism tools in sport, etc. Conference was visited by more than 100 participants, C.A.R.D.O. and Slovakia were represented by Betka Mračková and Jana Vlašičová.

Meetings planned for the second part of the General Assembly were focused on these topics:

1. infrastructure of volunteering in Europe – what we mean by that?
2. research of volunteering in Europe – the latest trends and the most interesting numbers
3. funding from the European Union – focus on creation of partnership among CEV member organizations.

Membership in National Structures

C.A.R.D.O. is one of the founders of [Forum of Christian Institutions \(FKI\)](#).

FKI aim is to strengthen voice, status, and cooperation of non-governmental non-profit organizations in Slovakia and abroad goals, missions, and activities of which are based on Christian values. FKI works as [information and uniting](#) channel initiating cooperation among these organizations, mapping domestic and foreign contacts and activities of its members and connecting them. In addition to that, FKI communicates and represents interests of its members towards the public and state administration.

Fair of Pro-Social Activities 2008

Also this year FKI organized a Fair of Pro-Social Activities on the occasion of the International Day of Fight against Poverty. This fair was held in Tatra Centrum at Hodžovo Square in Bratislava and C.A.R.D.O. was participating there as well. In 2008, more than 20 social organizations from throughout Slovakia from both non-profit and academic sphere were present there. These initiatives help children and adults from Slovakia through its counselling, charitable, social, and health care services, while many clients of these organizations belong to marginalized groups. The goal of the Fair of Pro-Social Activities was to present social activities, create a space for dialogue and exchange of information, but also enable communication among public administration, academic sphere and wide public.

C.A.R.D.O. and Environmental Issues

CEFE (Catholic Ecology Forum Europe) Project - www.cefe.ch

The mission of web page www.cefe.ch is to present environmental experience of Catholic church throughout Europe. This web page serves as an inspiration for those bishop conferences, activities of which were not focused on the environment and protection of a creation yet.



The need for enforcement of responsibility of mankind for creation and environment becomes more and more urgent challenge for Christians and all good-will people. That is why environmental aspects of Christian faith and praxis are one of the important areas also the Consilium Conferentiarum Episcoporum Europae (CCEE) with the central office located in St. Gallen in Switzerland is focusing on. Since 1999, it organizes international consulting meeting focused on this issue (<http://www.ccee.ch/>), which pointed out at the need for better information connection among individual European Bishop Conferences of Catholic Church in the environmental area.

With the goal of connecting different European experience in the environmental area, C.A.R.D.O. created an international team of five experts focusing already for several years on this area.

Specific Goals of the Project:

1. project cumulates and preserves information about environment and creation – bible texts, documents published by Vatican, statements of Bishop conferences, projects and expert documents of Christian organizations throughout Europe.
2. it creates discussion forum for environmental protection within Catholic Church
3. it provides consulting and support for mutual projects of Bishop Conferences, ecumenical projects, organizations and countries implementing environmental projects
4. it seeks to implement activities in favour of environment prepared by Bishop Conferences in Europe

Project was finished in 2008.



Language Camp in Asbach (Germany)

Language summer camp for 13 – 17 years old children was organized on July 16 – 30, 2008 and was open for everyone who wanted to experience adventure, fun, find new friends from other countries of Europe, play games, live for a short time in a beautiful nature, who wanted to experience romantic evenings, great trips – simply beautiful summer experience connected with communication in German language. Young people spent 14 days in a beautiful environment in Western Germany, in the town Asbach located in the middle of the natural reservation Rhone - Westerwald (35 km southern from Bonn).



Children during a German Lesson

Stay was organized in the hotel **Jugendheims Niedermühlen**. Children were distributed into three groups according to their level of knowledge of German language. This camp was international and Slovak children were for the whole time in contact with children from Poland, Germany, Czech republic, and Lithuania. They participated at the language course with lecturers and talk German with other children. Their stay was enriched by swimming in a pool which is part of the complex, strolls in nature, games and plays, sports and trips to surrounding cities (Cologne). Information about the place of stay can be found at www.jugendheim-niedermuehlen.de.



Jugendheims – Niedermuhlen Hotel

C.A.R.D.O. and Preparation of Projects for EU Funds

C.A.R.D.O. was established in the time period of entry of Slovakia into European Union. We became a helping organization at the development of projects in Slovakia. Aware of our opportunities and experience, we are helping other institutions and organizations to utilize individual funds of European Union.

C.A.R.D.O. is focusing on preparation of project applications, project documents, business plans, financial analysis, etc. especially for gaining non-returnable financial sources from the EU funds. For this purpose, we have an implementation team in place consisting of experienced experts with certificates for this work. Our rich experience gained through preparation of more than 800 projects is a guarantee of project preparation of a good quality. Our experts are working in this field for more than ten years with Slovak Ministries and five years with EU funds. In addition to preparation of a complete project, we are preparing business plans, financial analysis, and implement complete service including consulting.

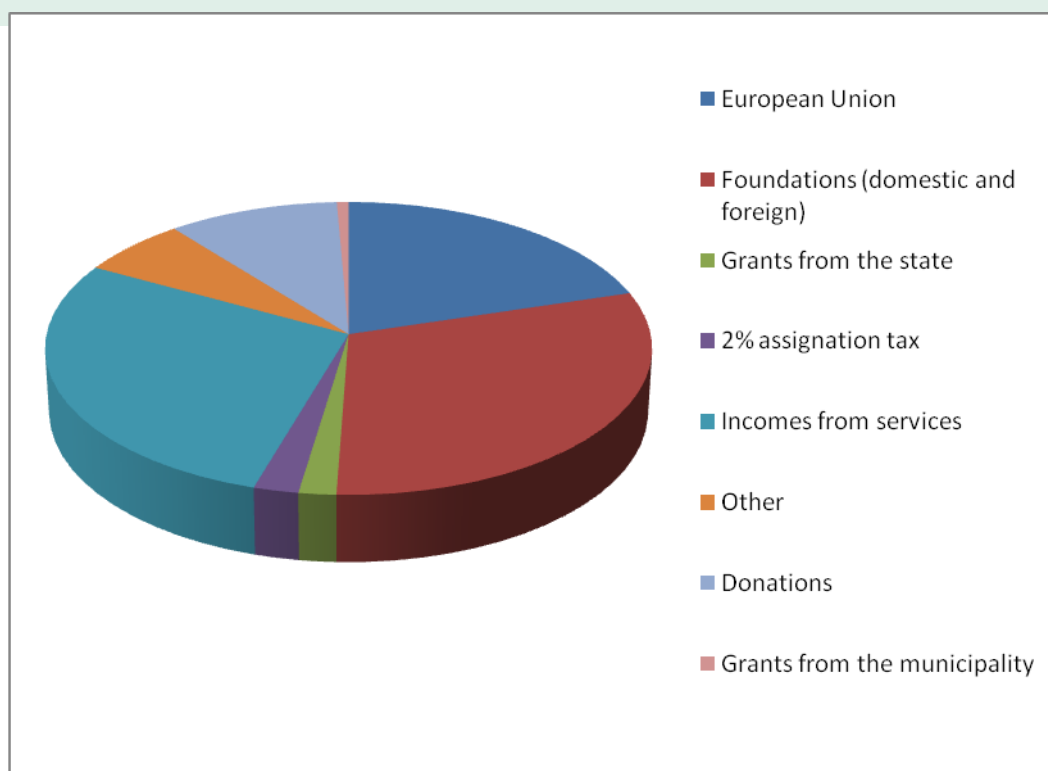
Financial Report for 2008

Sources of Incomes/ Purpose

EU / ELLA Project	152,739.69
EU / Think future volunteer together Project	291,695.97
Renovabis Foundation/ CEFE Project	224,295
Open Society Foundation	300,000
SPP Foundation	54,000
Pontis Foundation	10,000
Slov.Sportiteľňa Foundation	35,000
Tatrabanka Foundation	40,000
Capitol of SR - Bratislava	15,000
Ministry of Labour, Social Affairs and Family	40,000
2%	48,007
Donations – private entities	207,307.75
Donation - American Chamber of Commerce	5,000
Contribution for Business Trips from CEV	6,808.8
Services/Maps	11,182
Services/project preparations	435,818
Services/rental of tech.equipment	18,100
Services/summer camp Asbach	67,123.92
Services/trainings in volunteering, voluntary programs	39,700
Incomes from advertising - dobrovolnictvo.sk	49,523.13
Exchange rate profit	2,913.6
Bank interests, returns	5,485.77
Membership fees	600
Incomes from claim clearance	129,723

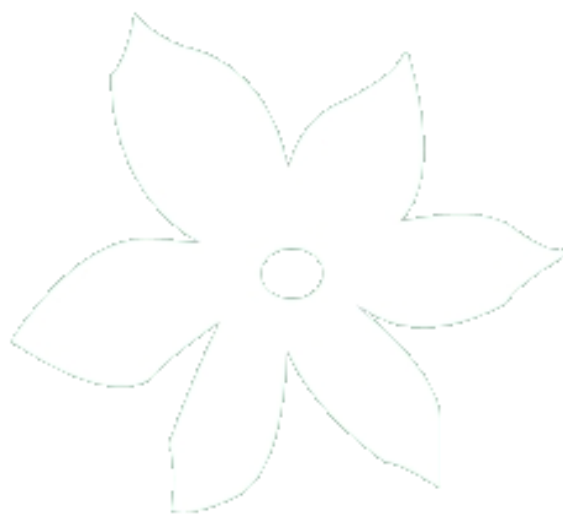
TOTAL - Income

2,190,023 Sk



Expenses

Material (office supplies, technical equipment, mail, etc.)	50,482
Office rental	43,008
Energies, water	5,553
Phone, internet	74,357.5
DHIM, social fund, and others	140,260
Accounting services	15,482
Salaries for employees and external co-workers (lecturers, supervisor, interpreters, project managers) projects CEFE, ELLA, TFVT and volunteering	768,032
Special services – external co-workers for CEFE and volunteering projects	340,073.2
External special services – preparation of EU projects	176,374
TFVT Project – exchanges of seniors – travel expenses and subsistence	345,148.85
Summer Camp Asbach	55,472.6
Rental and reception – Bratislava Volunteers of the year 2008	59,300
Training - fees	3,000
Web services - cardo.eu net, dobrovolnictvo.sk, cefe.ch	31,586
Leaflets, information materials	13,441.05
Travel costs – international projects	77,281.59
CEV Membership fee	9,086.1
Bank fees	4,605
Currency exchange loss	22,102.16
Other fees	365
TOTAL - Expenses	2,235,010.05 Sk

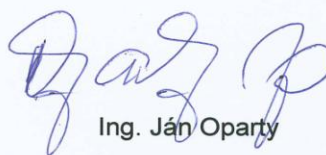


**Správa dozornej rady občianskeho združenia C.A.R.D.O.
o účtovnej uzávierke**

Dozorná rada OZ C.A.R.D.O. uskutočnila kontrolu účtovnej uzávierky OZ C.A.R.D.O., so sídlom Uršulínska 3, Bratislava, IČO 308 49 446 za rok 2008, ktorá obsahuje výkaz príjmov a výdavkov a výkaz majetku a záväzkov.

Podľa nášho názoru účtovná uzávierka vyjadruje verne vo všetkých významných súvislostiach finančnú situáciu občianskeho združenia C.A.R.D.O. k 31.12.2008 a výsledky jeho hospodárenia za rok, ktorý sa skončil k uvedenému dátumu v súlade so slovenským zákonom o účtovníctve.

V Bratislave, 16.4.2009



Ing. Ján Oparty

predseda dozornej rady

Thank You

In 2008, we gained several valuable contacts, started new forms of cooperation and got the financial and moral support from many of our supporters, friends, partners and co-workers. We would like to take this opportunity to thank for established partnerships, for the development of volunteering, for financial support to foundations and donors and to all of you who donated their 2% assignment tax to our organization. We would also like to thank to:

- Zuzana Vinklerová, the executive director who is doing her job claimless of any reward,
- To all our volunteers who devote their time to seniors in the Home of the Third Age and in Hestia in Bratislava,
- To Lucia Suchaničová, Iveta Vacháľková and Rišo Glasner – for their voluntary help necessary for the implementation of our presentation at the NGO Market at festival Bažant Pohoda.
- To all internet – „virtual“ volunteers: Peter Nosál for webdesign and changes on the web site www.dobrovolnictvo.sk, our translators from/to German and English languages: Katka Dekýšová, Michal Dolinský, Zuzana Katriňáková, Katarína Garaťová, Xénia Surhanáková, Andrea Maňuchová, Andrea Rybárová, Zuzana Horváthová, Martina Straube, Alexandra Ormišová and Terézia Mišíková,
- Trevor Neal for voluntary coaching, leadership and valuable advice,
- Volunteers who helped us during organization and implementation of the award „Bratislava Volunteers of the Year 2008“: Andy Gajdošová and Ivan Ježík from the non-profit organization Voices, music group Porque Tango, Anička Králiková and Dominika Králiková,
- And to all of you who are helping us to create a supportive environment for the development of volunteering in Slovakia.



Office Location:

C.A.R.D.O.
Uršulínska 3
811 01 Bratislava

Tel.: +421 2 5443 0427
Email: bratislava@cardo-eu.net
Web: www.cardo-eu.net

Mail Address:

C.A.R.D.O.
P.O.Box 300
814 99 Bratislava